



# Immaculate Conception School

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## NEWSLETTER – October 2017

### Virtue - Gratitude

## Caring for Everyone in our Common Home

Work Well, Play Well, Pray Well



## Principal's Message

A big thank you to all staff, students and parents for making our first month of school so incredibly successful. The theme for our school this year is "Caring for Everyone in our Common Home." This theme beautifully challenges each of us to look beyond ourselves and to focus on others in our school and greater community. Our Virtue for the month of October is Gratitude. Students this month will focus on the numerous blessings we have and how truly fortunate we are. Today's society continues to bombard us with messages of needing more, when in reality we live in a society of plenty!

I continue to encourage students to focus on their Growth Mindset, allowing themselves to be challenged and to take the learning risks necessary to develop their confidence and belief in themselves as learners. Continued focus on the foundational skills, including daily reading and basic math facts is important for all students.

Good luck to our Kodiak runners participating in our Kodiak Cross Country Meet tomorrow. Thank you to all of our coaches and parent volunteers for this event.

Wishing you all a blessed month.

### Dates to Remember

October 4	IC Kodiaks Cross Country Meet 3 – 4 PM
October 5	Non Perishable Donations for St V de P in today!
October 6	School Mass – Led by Kindergarten 9 AM
October 9	Thanksgiving Day – No School
October 11	November Hot Lunch Ordering Opens
October 15	School/Parish Mass 9 AM
October 17	PSG Meeting 7 PM
October 18	Picture Retakes
October 19	Evening Parent Teacher Interviews 5-8 PM
October 20	PD Day – No School/ Morning Parent Teacher Interviews
October 24	November/December Hot Lunch Forms due noon Today!
October 26	Rosary Assembly 11 AM
October 31	Halloween Costume Day

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# Faith Matters

## **MASS**

### **School Mass**

Come and join us at our school mass led by Kindergarten on Friday, October 6 at 9 AM. Coffee and fellowship to follow.

### **School/Parish Mass**

Our next School Parish Mass will be held Sunday, October 15 at 9 AM. There will be a pancake breakfast to follow. Please join us!

We invite our students to volunteer to participate in the different ministries at the mass. Contact the school office if you would like to receive email reminders of upcoming School/Parish masses.

### **Mass Schedule IC Parish**

Daily Mass 9 AM M-F  
Sundays 9 AM, 11 AM, 7 PM  
Pastor: Fr Chris Lynch  
[www.icparish.ca](http://www.icparish.ca)

## **Acts of Service**

### **Thanksgiving Food Drive**

As we have always done, if you would like to send in items of non-perishable food for St Vincent de Paul, please do so by Thursday, October 5.

### **The Giving Tree**

This year we will again support The Giving Tree at the annual Festival of Trees. In a special way we will be supporting the Youth Around Prince George and the John Howard Society. More to follow!



## **Rosary Assembly**

During the month of October we honour Mary, the Mother of Jesus, who was an extraordinary person. The students will be learning about a special prayer to Mary called the Rosary. More details about the Rosary are attached to this newsletter. We will have a special assembly on Thursday, October 26 at 11 AM in the church. All are welcome.



# Parents



**Photo Retakes:** Retakes will take place **Wednesday, October 18**. Please make sure your child picks up a retake envelope at the office if you would like retakes. **All orders and payment must be handed into the photographer that day.** Do not send retake forms or payment to the school office.

## Uniforms

Thank you to our coordinator Tamara Monai!  
Thank you for your cooperation in adhering to our dress code guidelines.  
All proceeds of used uniform sales go to our school library.

## Thank You

Thank you for all who came out to our Open House.  
Parent Teacher interviews will be held on October 19 and 20. Requests to schedule will be sent home shortly.

**Pro D Days**  
**Friday, October 20<sup>th</sup>**  
**NO SCHOOL**

# Parent Support Group

## Volunteers

We urgently need volunteers for the Cougars game on Saturday, October 7. This date is outside of our regular volunteer schedule and it will add to our total donation received at the end of the season. If you can help out with this please contact me directly at [carebearconnelly@yahoo.ca](mailto:carebearconnelly@yahoo.ca)  
The next scheduled volunteer game Friday, October 13.

## Gift/Shopping Cards

Our Parent Support Group sells gift cards here at the school. We have **Save On, Superstore, iTunes, Tim Hortons, Starbucks, Cineplex, Earls, Ave & Mother Marias, Art Knapps, Claries, Sportchek...** just to name a few! You can order these here at the school office or complete the form [HERE](#) and pay online [HERE](#). A percentage of all cards we sell comes back to the school. These cards are a great idea for gifts or a nice way to give back while doing your regular spending! **We have added a lot more businesses gift cards please check it out!**

## Next PSG Meeting

Our Parent Support Group has its next meeting on **Tuesday, October 17 at 7:00 PM** in school library. If you have any questions regarding the parent support group please feel free to contact Carrie Connolly at [carebearconnelly@yahoo.ca](mailto:carebearconnelly@yahoo.ca)

**Cookie Dough order forms will go home mid-month**

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# Hot Lunch Program and “Dine In” Tuesdays



## Hot Lunch

The hot lunch program is intended to provide a healthy, hot lunch every Friday to the students who chose to order the specified weekly items.

Our first Hot Lunch is Friday October 6th. Thank you to all the wonderful volunteers who have signed up to help in any way.

For more information please contact our Hot Lunch Coordinator Tracey Taite [tktaite@shaw.ca](mailto:tktaite@shaw.ca).

Reminder!!! NO LATE ORDERS WILL BE ACCEPTED. Please ensure you registered with MunchaLunch online to start an account.



## “Dine In Tuesdays”

This year we are happy introduce “Dine in Tuesdays” and our traditional Hot Lunch Fridays. We are offering a variety of lunch options for our “Dine In Tuesday,” including Amigos Tacos, Salted Cracker, Panago, Subway and Booster Juice. Gluten free and allergen aware options will also be provided! Various healthy options are provided for students. Our first “Dine In Tuesday” will be October 3. All Tuesday orders are available through MunchaLunch.

We are thankful to all of our parent volunteers who have committed to maintaining our Friday Hot Lunch program.

## November Hot Lunch Orders

Hot Lunch and “Dine In Tuesdays” orders for November will open on Wednesday, October 11. You will be able to order until Tuesday, October 24 at noon. Payment can be made by credit card or by cheque. Cheques can be made out to Immaculate Conception School and submitted to the office.

# Extra-Curricular:

## Cross Country Running

Great job Kodiaks who participated in the Edgewood Classic last week!

Go Kodiaks!!

Our ICS Cross Country Meet will take place on Wednesday, October 4, 3 – 4:15 PM. Thank you to all who have volunteered to help with this event and a big thank you to Ms. Ames who tirelessly organizes this annual event.



## Volleyball Practice

Girls practice Tuesday 3 - 4 PM

Boys practice Wednesdays 3 -4 PM.

**NOTE! The Knights of Columbus Tournament will be held on November 17 & 18.**

Please ensure you regularly check the website for game time and place confirmations.

**REMEMBER! If the team is listed first (ie Girls/Boys or Boys/Girls) the first team plays 3:30 PM and the second play 3:45 – 4:30 PM.**

**Go Kodiaks!!**



## School Choir News

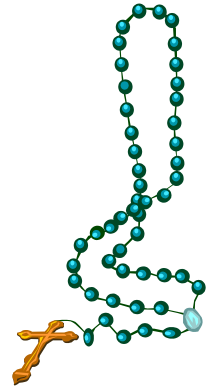
Our 34 choristers are working hard preparing for their first performance. This will be the school's annual Remembrance Day Ceremony in the church on November 10, beginning at 1:15pm. In the last week of November, the choir will perform at the Festival of the Trees at the Civic Centre. There is a possibility that the choir may also perform at School District 57's Christmas Nights of Music on one of the evenings of November 28, 29 or 30. Parents will be notified of the exact dates of both Festival of the Trees, and Christmas Nights of Music as soon as the school receives this information.

# CHOIR!CHOIR!CHOIR!

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# HOW TO PRAY THE ROSARY

Make the **Sign of the Cross**, holding the crucifix pray **The Apostles' Creed**  
On the first bead pray the **Our Father**  
On the next three beads pray three **Hail Marys**  
On the last bead pray the **Glory be to the Father**  
Announce the First Mystery and pray the **Our Father**  
Pray ten **Hail Marys** while meditating on the **Mystery**  
Pray the **Glory be to the Father** and then pray the **Fatima Prayer**  
Announce the Second Mystery then pray the **Our Father**  
Repeat with the Third, Fourth and Fifth Mysteries in the same manner  
After the Rosary pray the **Hail Holy Queen**



## The Prayers of the Rosary

### Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

### Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### Our Father

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace. The Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



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### Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy.

### Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

### Mysteries of the Rosary

#### The Joyful Mysteries (Monday and Saturday)

1. **The Annunciation**

Mary learns that she has been chosen to be the mother of Jesus.

2. **The Visitation**

Mary visits Elizabeth, who tells her that she will always be remembered.

3. **The Nativity**

Jesus is born in a stable in Bethlehem.

4. **The Presentation**

Mary and Joseph take the infant Jesus to the Temple to present him to God.

5. **The Finding of Jesus in the Temple**

Jesus is found in the Temple discussing his faith with the teachers.



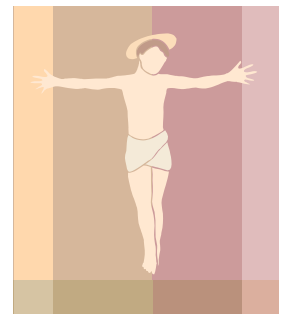
## The Mysteries of Light – Luminous (Thursday)

1. **The Baptism of Jesus in the River Jordan**  
God proclaims that Jesus is his beloved Son.
2. **The Wedding Feast at Cana**  
At Mary's request, Jesus performs his first miracle.
3. **The Proclamation of the Kingdom of God**  
Jesus calls all to conversion and service to the Kingdom.
4. **The Transfiguration of Jesus**  
Jesus is revealed in glory to Peter, James, and John.
5. **The Institution of the Eucharist**  
Jesus offers his Body and Blood at the Last Supper.



## The Sorrowful Mysteries (Tuesday and Friday)

1. **The Agony in the Garden**  
Jesus prays in the Garden of Gethsemane on the night before he dies.
2. **The Scourging at the Pillar**  
Jesus is lashed with whips.
3. **The Crowning With Thorns**  
Jesus is mocked and crowned with thorns.
4. **The Carrying of the Cross**  
Jesus carries the cross that will be used to crucify him.
5. **The Crucifixion**  
Jesus is nailed to the cross and dies.

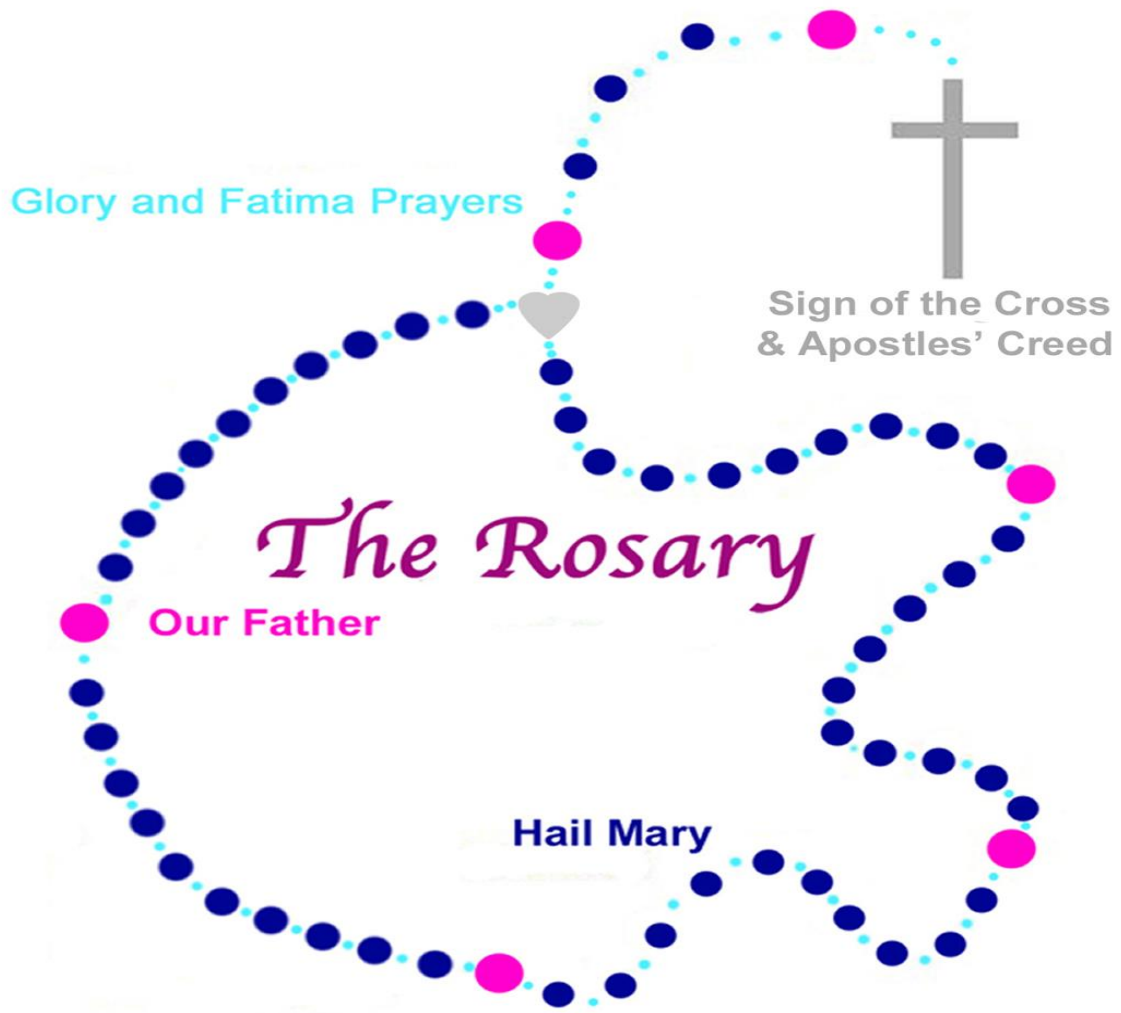


## The Glorious Mysteries (Wednesday and Sunday)

1. **The Resurrection**  
God the Father raises Jesus from the dead.
2. **The Ascension**  
Jesus returns to his Father in heaven.
3. **The Coming of the Holy Spirit**  
The Holy Spirit comes to bring new life to the disciples.
4. **The Assumption of Mary**  
At the end of her life on earth, Mary is taken body and soul into heaven.
5. **The Coronation of Mary**  
Mary is crowned as Queen of Heaven and Earth.







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